



# Mad River Mountain Ski Patrol Safety Procedures

## 2020-2021 Season



As of: 12/11/2020

# Introduction:

- ▶ The purpose of this summary is to outline safety procedures and responsibilities for ski patrolling at Mad River in the upcoming season, particularly in light of COVID considerations.

# Patroller Work Safety Summary:

- ▶ Questionnaire before work relies on honest self reporting.
- ▶ Take your temperature: normal (97-99 degrees)
- ▶ Feeling unwell or experiencing symptoms on questionnaire? Stay home if not well, notify shift leader asap
- ▶ Exposed to Covid? Until you are released by healthcare provider, or quarantined for 10 days, do not patrol. Advise shift leader.
- ▶ Positive Covid Test? Do not patrol for 10 days (review return to work summary)

# Pre-Arrival Patroller Self Screening Questionnaire

1. Have you been exposed within the last two weeks (closer than 6ft, >15min, w/o mask) to anyone with Covid-19?
2. Are you currently under directed quarantine?
3. Have you traveled w/in 14 days to anywhere requiring quarantine after travel?
4. Have you tested positive for Covid-19 w/in the past 10 days?
5. Do you have any of following symptoms? Fever >100, chills, new/worsening cough, shortness of breath, new loss of taste or smell, sore throat, unusually muscle/body aches or fatigue, new/severe headache

**If yes to any of the above see next page for additional review.**

# Exceptions and Return to Work Review:

If you responded YES to any of the previous questions, review the following:

- ▶ Fever and/or other Covid like Symptoms - Ok to work when:
  - a) >24 hr w/o fever and No fever reducing meds, symptoms resolved and
  - b) 10 days since Covid type symptoms appeared
- ▶ POSITIVE COVID TEST w/some symptoms - Ok to work at least 10 days after symptoms appeared (which might be after positive test).
- ▶ POSITIVE COVID TEST w/NO symptoms - 10 days since positive test, no symptoms
- ▶ Close contact Covid Exposure - Per CDC and state guidelines as of Dec 4, 10 days with no symptoms, or otherwise cleared by healthcare provider
  - ▶ Exception - patroller tested positive within the last 3 months already and has no symptoms
  - ▶ <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
- ▶ Any who have become seriously ill with Covid-19 may need to stay home longer and should consult their healthcare provider for further advise.

# Patrollers General Safety on Duty

- ▶ Wear masks when inside or anytime within 15' of others.
- ▶ Keep >6' apart when possible
- ▶ Wash your hands frequently with soapy water for 20 seconds or more.
- ▶ Limit exposure, especially avoiding group activities or larger family gatherings
- ▶ Follow safety procedures for wearing gloves and other safety clothing, including eye glasses or goggles.
- ▶ Carry hand sanitizer with at least 70% isopropyl alcohol or 60% ethyl alcohol.
- ▶ If one patroller on a shift tests positive, only those in close contact (>15min) are required to also quarantine.

# MRM Patrol Room Use - Non-First Aid

- ▶ Masks are required at all times when inside, keep more than 6' apart whenever possible (min 2 layer)
- ▶ Limit time inside rooms (kitchen/boot room/office/aid room)
- ▶ Unless working on a patient, max of two people in each main area (one only in office). Take turns booting up and rotating outside/inside.
- ▶ Lunch room - take turns, no communal/shared food, max of two in kitchen area. When eating must be at opposite ends of table, wear masks when not actually eating/drinking.
- ▶ Keep Fans OFF.

# First Aid Room Patient Treatment Steps

- ▶ Access to the First Aid Room will be limited to those patients determined to need additional care. Aid Room will be labeled: Authorized Personnel Only.
- ▶ A pre-screening covered area will be set up immediately outside the aid room. Pre-screening will also include a COVID questionnaire and temperature taking. The inside access to rest of the building will be closed or exit only.
- ▶ Focus on assessment and determination if chief complaint requires indoor aid room treatment, minor injury outdoor treatment, or referral to home or other care.
- ▶ For those determined to need aid room inside access, only the patient can come inside except for minors, or emotional distress/mental impairment.



# Required Initial Vail Screening for patients on scene or outside patrol room

1. Does the patient or anyone on scene have: **cough, fever, sore throat, difficulty breathing, new or severe headache, new loss of taste or smell, new fatigue, and/or muscle or body aches, vomiting or diarrhea** - with any of the symptoms not due to a known health conditions?
2. Has the patient or anyone on scene **tested positive for COVID-19** in the past 10 days?
3. Has the patient or anyone on scene **had contact with** a confirmed or possible case of **COVID-19** within the last 14 days?

If the guest answers yes to any of the questions Patrollers will annotate the comments section of the 1050 card with **CR HIGH** or if the guest answers no to all of the questions the Patroller will annotate the 1050 card with **CR LOW** as dictated by this questionnaire

# NSP Covid Questionnaire for Patients

Will be used before any treatment inside:

- ▶ In the last 24 hours, have you had fever, chills, body aches, fatigue/low energy, vomiting or diarrhea?
- ▶ Any new or unusual cough, shortness of breath, headache, sore throat?
- ▶ Any new loss of smell or taste?
- ▶ Any unusual fatigue or low energy?
- ▶ To your knowledge, have you been within 6 feet of a COVID-19 positive patient for a prolonged period of time (over 15 minutes)?
- ▶ Have you had direct contact with infectious secretions of a COVID-19 patient (e.g. being coughed on by a COVID-19 patient)

**If responses indicate higher risk level - increase PPE, make sure to use N-95, alert other patrollers, tag anything touched as CR-High.**

# On Hill Protocols

- ▶ Facial coverings per Vail double layer rules
- ▶ Gloves of some type at all times
- ▶ Vail reporting cards will be completed on hill for all patients assisted.
- ▶ Keep space between patroller and guest to extent possible (>6'). Note verbal acknowledgement on the Vail reporting cards for Covid Screening with **CR High** or **CR Low**.
- ▶ Have guest keep on facial covering unless respiratory issue prohibits
- ▶ Focus on primary assessment, chief complaint and need for transport.
- ▶ Chair lift rides - no more than two patrollers per chair.
- ▶ Toboggans - after use, everything touched needs cleaned or moved to laundry. Flag any CR High items
- ▶ Lift Evac - review updated Vail policies. Limit any shared equipment use.

# First Aid Room Safety Procedures

- ▶ N-95 masks will be provided for patroller use with a patient when performing aerosolizing medical procedures or with any Covid-High risk. Patroller should wear gloves for ALL patients, and use eye protection of at least goggles or glasses.
- ▶ Stay physically separated to the extent possible. Use Q&A and limit secondary physical assessment.
- ▶ Limit patient time in aid room, once treated, encourage heading home or to further care or lodge.
- ▶ If CPR is required, compressions only until bag valve mask available, min # providers.
- ▶ Inside door to main building only to be used as Exit from patrol room, all patients enter thru pre-screen outside entrance.
- ▶ ALL workstations require at least one cleaning per day.

# MRM First Aid Room General Info

- ▶ One bed will be moved to side to allow for more space between remaining beds. Keep >6' between any patients.
- ▶ Injured guest as well as anyone entering aid room is expected to wear a mask. Exception for injured guest with respiratory distress / injury.
- ▶ After patient use, sheets and any blanket must be placed in laundry basket.
- ▶ All accessed areas must then be sterilized. Spray bottles and wipes to be made available.
- ▶ After use of first aid supply chests, clean all areas touched.
- ▶ Use provided cards to mark areas as Clean or Used.
- ▶ No food/drink in aid area by patrollers or patient.
- ▶ No visitors, employees, friends or family in Aid Room unless patient/support
- ▶ Incident Reports - use Vail Reporting cards, record bed use and anything touched by patient. Flag any CR-High items.

# On Site Area Guidelines

- ▶ Follow Vail rules on mask use and distancing - signs will be posted throughout the area. Minimum 2 layer, mouth and nose coverage
- ▶ Refer any customer questions to posted rules and/or management.
- ▶ Access to hill when not on assigned duty shift will be by regular Vail reservation system.
- ▶ Your shift is your protective bubble. If you need to miss a shift it should be discussed with your shift mates to determine if a substitute is essential and if so, arrange as early as possible. Note: the substitute will have to be added to the schedule for that day in order to patrol.
- ▶ Logging in/out will be done on a new system provided by Vail which will include mobile access.
- ▶ Remember to keep your vests/packs stocked with supplies as you will treat on hill or outside as much as possible.

# Summary

- ▶ This is indeed a unique year. It requires all of us to work together in a cooperative manner with the primary goal of keeping all patrollers and our customers safe.
- ▶ If you have questions about COVID-19 please refer to the references provided on the next slide and to your state Coronavirus information site:  
<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home>
- ▶ Vail general policies as they relate to Coronavirus are outlined on their website.
- ▶ Other specific MRM patrol related questions should be forwarded to your hill leader, who will address further with Scott Griffith or this year's Patrol Safety Team and as warranted, our local General Manager, Trent Poole.

# Resources:

- ▶ **NSP'S RESPONSE TO COVID-19 – see Member area of NSP.org**
  - ▶ Guidance on personal safety, patroller wellness, approaching a patient, mask wearing, aerosolizing procedures, cleaning and sterilizing, first aid rooms, common Q&A
- ▶ **PSIA: Navigating The 2020-2021 Season**
  - ▶ [https://thesnowpros.org/download/PSIAASI\\_NavigatingThe2020-21SnowsportsSeason.pdf](https://thesnowpros.org/download/PSIAASI_NavigatingThe2020-21SnowsportsSeason.pdf)
- ▶ **NSAA National Ski Areas Association – Pandemic Playbook and additional COVID resources** <https://www.nsaa.org/>
- ▶ **CDC – Centers for Disease Control:** <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- ▶ **Vail Procedures and General Information:**
  - ▶ Internal SOP for NSP volunteer staff (password required)  
<https://www.madriverkipatrol.org/mrm-patrol-safety-protocols-20-21/vail-nsp-volunteer-patrol-sop-covid-protocols>
  - ▶ Resorts Plan for 20-21 :<http://news.vailresorts.com/corporate/vailresorts/winter-operating-plan-2020-letter.htm>
- ▶ **CPR Updates:**  
<https://www.ahajournals.org/doi/epub/10.1161/CIRCULATIONAHA.120.047463>