

Mad River Mountain Ski Patrol Local Area Protocol

Title: Patroller administration of intranasal naloxone (Narcan) for suspected opioid overdose.

Brief Description: In the event of a suspected opioid overdose, ski patrol members trained in the use of the Narcan Nasal Spray will be able to administer up to two doses of intranasal Narcan to the suspected overdose victim. This does not supersede currently NSP protocols for activating the local EMS system, performing BLS on the victim, or treating other potentially existing life threatening injuries.

Qualified Personnel:

1. Active MRM Ski Patrol members with at least OEC technician status.
2. Attended PowerPoint presentation on opioid overdose and Narcan use at the 11/13/16 on the hill refresher, or has reviewed PowerPoint on opioid overdose and Narcan use on MRM Ski Patrol Website.
3. Reviewed this protocol and attached Narcan Nasal Spray instructions.

Protocol:

1. Verify patient has high probability of opioid overdose.
 - a. Unconscious, does not respond to verbal or painful stimuli
 - b. Not breathing, or slow/irregular respirations
 - c. Pinpoint pupils
 - d. Mechanism of injury: signs of opioid use (bottles, drug paraphernalia, tract marks, bystander reports, etc.)
2. Activate EMS, provide rescue breathing with oxygen (when available)
3. Place on back, support neck, and administer Narcan Nasal Spray per attached instruction sheet
4. Continue BLS
5. May repeat dose one time if there is no response after 2-3 minutes
6. Continue BLS until EMS has arrived and assumed care

Logistics:

1. Two doses (individual single dose administrators) Narcan Nasal Spray will be stored at room temperature in the MRM Ski Patrol Room in the Trauma Bags.
2. If a MRM Ski Patrol Member requires Narcan Nasal Spray, it should be requested by the radio by requesting the Trauma Bag be brought to the scene. It will be appropriate to request the Trauma Bag in this circumstance, as it contains the necessary equipment to treat an unconscious, non-breathing patient (even if not due to a opioid overdose). This is a medical emergency, any available patroller should promptly respond to the requesting patroller.
3. The Trauma Bags will be inspected per the current protocol. As part of this inspection the presence of two doses of Narcan Nasal Spray will be confirmed, and it will be confirmed the medication is not within one month of the expiration date.
4. Replacement doses of Narcan will be prescribed as needed or within one month of the expiration date.

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QUICK START GUIDE

Opioid Overdose Response Instructions

Use NARCAN Nasal Spray (naloxone hydrochloride) for known or suspected opioid overdose in adults and children.

Important: For use in the nose only.

Do not remove or test the NARCAN Nasal Spray until ready to use.

1

Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name.

Shake shoulders and firmly rub the middle of their chest.

Check for signs of opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called "pinpoint pupils"

Lay the person on their back to receive a dose of NARCAN Nasal Spray.



2

Give NARCAN Nasal Spray

Remove NARCAN Nasal Spray from the box.

Peel back the tab with the circle to open the NARCAN Nasal Spray.



Hold the NARCAN nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



Gently insert the tip of the nozzle into either nostril.

- Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person's nose.



Press the plunger firmly to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.



3

Call for emergency medical help, Evaluate, and Support

Get emergency medical help right away.

Move the person on their side (recovery position) after giving NARCAN Nasal Spray.

Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.

Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.

